



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

Hope comes from faith! We must have great faith, and without great faith we cannot have hope or confidence in God, or hope in the Lord!

Prayer of Thanksgiving for BLESSED FRANCIS JORDAN

O God of love and kindness,
we give You thanks for raising up
for Your people the inspiring
example of
Blessed Francis Mary of the
Cross Jordan.

Hear our prayers,
that through his intercession,
we may be granted the grace to
respond to our apostolic vocation
with zeal and trust,
as he did.

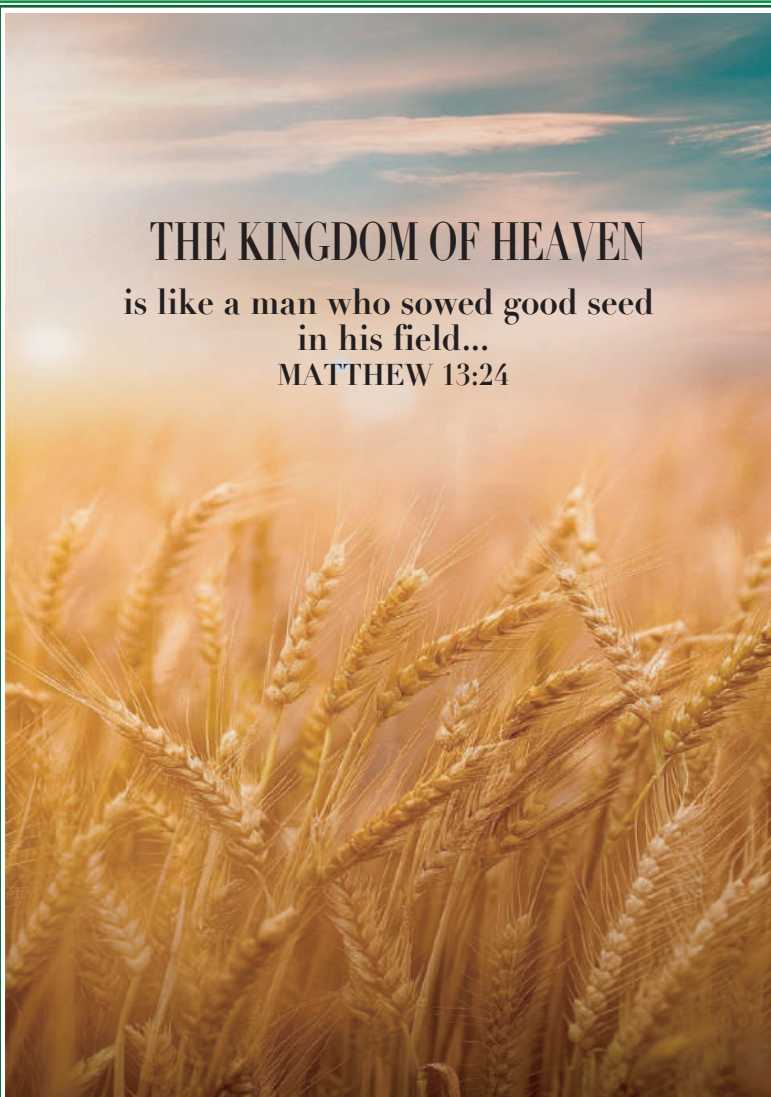
Give us the courage to embrace
our call like
Blessed Francis Jordan,
with the desire to save all people.

Enlighten us to be united in mission
so that all may know,
love and serve our Divine Saviour.

We pray this through Jesus Christ,
who lives and reigns with You in the
unity of the Holy Spirit,
forever and ever. Amen.

THE KINGDOM OF HEAVEN

is like a man who sowed good seed
in his field...
MATTHEW 13:24



SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE LEO'S PRAYER INTENTION FOR July

For Respect for Human Life

Let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God.

MASS TIMES ✝

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

✦ WEEKDAY MASSES ✦

TUESDAY - 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

WEDNESDAY - 9.30 am

THURSDAY - 7.00 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

FRIDAY - 9.30 AM
FIRST FRIDAY of the Month,
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am

✦ WEEKEND MASSES ✦

SATURDAY VIGIL - 5.00 pm
SUNDAY
8.00 am, 10.00 am & 6.00 pm (Soul Mass)

✦ **RECONCILIATION** ✦
SATURDAY VIGIL
4.00 pm to 4.30 pm

✦ **BAPTISM** ✦
4TH SUNDAY of the Month
at 11.30 am

MARIA REGINA CHURCH
7 Central Road, Avalon

✦ **WEEKDAY MASSES** ✦
MONDAY - 8.00am

WEDNESDAY - 8.00 am

THURSDAY - 10.00 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction at 9.00 am

FRIDAY - 8.00 am
FIRST FRIDAY of the Month,
Healing Mass/ Anointing of the Sick at 8.00 am

✦ **RECONCILIATION** ✦
Before Vigil Mass on Saturday

✦ **WEEKEND MASSES** ✦
SATURDAY VIGIL - 6.00 pm
SUNDAY - 9.00 am

✦ **BAPTISM** ✦
3RD SUNDAY of the Month
at 11.00 am

WE PRAY ✝ for

DECEASED ANNIVERSARY

CARMELA IEMMA

*Eternal rest, grant unto them,
O Lord, and let perpetual light
shine upon them.
May they rest in peace. Amen.*

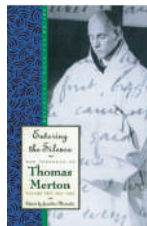
Prayer for the SICK

*Lord, look with mercy on
your servants who are sick.
Bring them comfort,
healing and strength.*

ANNA SMIGOWSKA
TRISH NEWMAN
LILY JANOSIK
SUE FRENCH
MAUREEN LARIOS
ELAINE BOYES
PAULINE CHAPMAN
RON CLARKE
BARBARA CLARKE
ANNA KATANEC
OTMA NOUAK
ANGELA MILLER
PHILIP KHALIFEH
JOSEPH KHALIFEH
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BRUCE FARR
JAMES
JACINTA PURNELL-MAJOR
NENITA ROQUE
MARIE CELINE- MACA
NEDA CRVELIN
JESSE CATHERSIDES
MARY REILLY
NOEL REILLY
THERESA KEANE
MARTA BIZUBOVA
LIAM GAVIN
RICHARD LIM
JAMIE CONNOLLY

BOOK REVIEW

Entering the Silence
The Journal of Thomas Merton
by: Thomas Merton,
Jonathan Montalo (Editor)



It is about Merton becoming a Monk and writer in journals of his journey.

“The kingdom of heaven is like treasure hidden in a field. When a man found it, he hid it again, and then in his joy went and sold all he had and bought that field.

LITURGY FOR THE WEEK

20/07 Monday, Ordinary Time 16
Micah 6:1-4, 6-8;
Mt 12:38-42

21/07 Tuesday, Ordinary Time 16
Micah 7:14-15, 18-20;
Mt 12:46-50

22/07 Wednesday,
St Mary Magdalene
Song 3:1-4; Jn 20:1-2, 11-18

23/07 Thursday, Ordinary Time 16
Jer 2:1-3, 7-8, 12-13;
Mt 13:10-17

24/07 Friday, Ordinary Time 16
Jer 3:14-17; Mt 13:18-23

25/07 Saturday, St James
2 Cor 4:7-15; Mt 20:20-28



THE CATHOLIC PARISH OF PITTWATER giving

Our parish flourishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

TO Make DONATIONS

SCAN the QR CODE below with your mobile phone camera and follow the prompts

Donations can be made weekly, fortnightly, monthly or one-off.



Areas of giving

First Collection

(Clergy Giving)

Second Collection

(Parish Giving)

Pastoral Works Broken Bay

All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

Has Your Credit Card Expired?

If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit

You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.

PARISH MORNING TEA GATHERING

Everyone is welcome to join

Every month after the 8 am Mass on the 1st Sunday and after the 10 am Mass on the 3rd Sunday at **SACRED HEART CHURCH, MONA VALE**

Last Sunday after the 9 am Mass at the front of **MARIA REGINA CHURCH, AVALON**

Recognition of the Miracle Attributed to Blessed FRANCIS MARY OF THE CROSS JORDAN



The Holy Father, Pope Francis, has authorised the promulgation of the decree regarding the miracle attributed to the intercession of Father Francis Mary of the Cross (in secular life John Baptist) JORDAN, Founder of the Salvatorians.

The Miracle

A young couple that was expecting a baby in 2014 in Jundiai (Brazil), was informed by several medical doctors and specialists that their unborn child was suffering an incurable bone disease (skeletal dysplasia). Being members of a group of Lay Salvatorians, the parents began to pray through the intercession of the Venerable Servant of God, Fr Francis Jordan, inviting other members of the Salvatorian Family to join them. The child was born in a complete healthy condition on 8 September 2014, the day of Fr Francis Jordan's death anniversary. After the required canonical procedures had been successfully completed, the Holy Father, Pope Francis declared that this miraculous healing was worked by God through the intercession of Fr Francis Jordan.

Towards the Beatification

The declaration of the Pope on 19 June 2020 finishes the process on the miracle and opens definitely the way towards the beatification of Fr Francis Jordan. Blessed Francis was beatified on 15 May 2021.

sds.org, 2020



The farmer scattered good seed

16th Sunday in Ordinary Time, Year A

What are some of the "weeds" in our lives that stop us from growing?

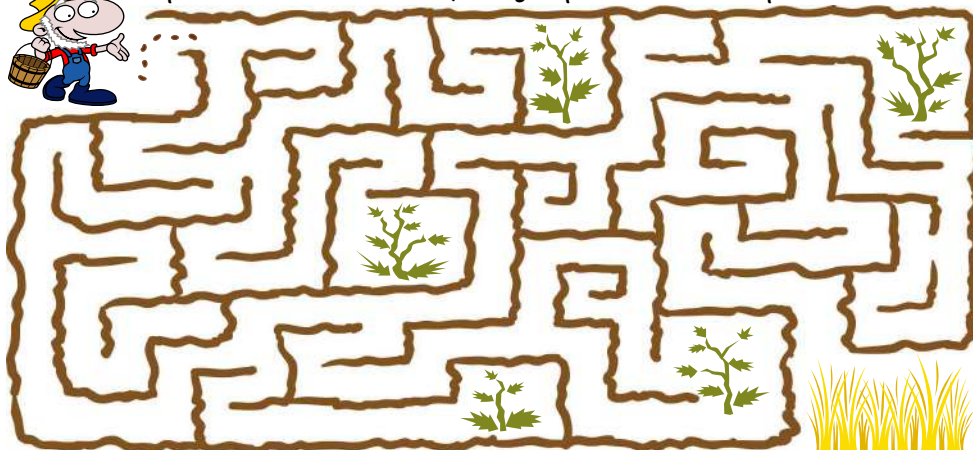
Circle the things plants need in order to grow.



Write down or draw some of the things we need to make ourselves grow.



Help the farmer scatter the seed by finding the path to the wheat. Keep a look out for weeds!



Mt 13:24-30

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Veronica Thomas

Mobile 0417 061 534



SACRED HEART CHURCH

1 Keenan Street, Mona Vale



MARIA REGINA CHURCH

7 Central Road, Avalon



SCHOOLS

SACRED HEART SCHOOL, Mona Vale

Tel 8197 6900

Principal: Ms Louise O'Brien

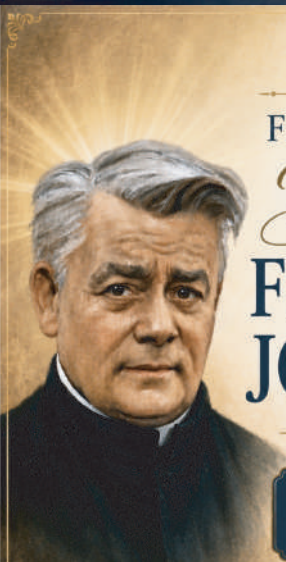
MARIA REGINA SCHOOL, Avalon

Tel 7256 2138

Principal: Ms Kirsty Thorpe

MATER MARIA CATHOLIC COLLEGE, Warriewood
Tel 7256 2100

Principal: Mr Anthony Mahoney



FEAST DAY OF
Blessed
FRANCIS JORDAN

**TUESDAY,
21st JULY**

*Do not be afraid of anything.
The Lord is with us
and will never leave us.*

SPECIAL MASS CELEBRATION
at 9:30 am - Sacred Heart Church, Mona Vale

THE CATHOLIC MASS EXPLAINED SIMPLY



1. INTRODUCTORY RITES
The Mass begins with gathering, greeting, and opening prayer as we prepare our hearts to encounter Christ.



2. LITURGY OF THE WORD
We listen to Sacred Scripture, the Responsorial Psalm, the Gospel, and the Homily, allowing God's Word to nourish us.



3. LITURGY OF THE EUCHARIST
The high point of the Mass: the bread and wine become the Body and Blood of Christ through the words of Consecration.



4. CONCLUDING RITES
The Mass ends with the Final Blessing and sending forth, as we are commissioned to live the Mass in our daily lives.

Every part of the Mass draws us deeper into the mystery of Christ's love and sacrifice.

Ignatius + Catholicum

WE NEED YOU!



VOLUNTEERS NEEDED

Sacred Heart Church, Mona Vale



SENIOR ALTAR SERVERS
Saturday Vigil Mass



READERS
Sunday 10am Mass



POWERPOINT OPERATORS
Saturday Vigil Mass

Our parish is looking for volunteers to help serve at our Masses. Whether you can assist as a reader, senior altar server or in another ministry, your time and talents can make a meaningful difference in our parish community.

If you are interested in volunteering or would like to learn more, please contact the Parish Office at 9517 0999 or email [CONILLE - media@pittwaterparish.org](mailto:CONILLE-media@pittwaterparish.org)

We would like to hear from you and welcome you to our parish team.

Thank you for your generosity and support of our parish.



A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN ARE WELCOME



WE MEET
First & Third Tuesday of every Month at 7 pm



SACRED HEART PARISH CENTRE



JOIN US - MEN'S FAITH GATHERING
We warmly invite all men of our parish & community to come together at 7:00 pm for an informal & faith-filled evening of conversation, reflection & brotherhood.



These gatherings offer a welcoming & supportive space to share openly, grow spiritually & encourage one another in our journey of faith.



Together, we seek to renew our hearts in Christ, strengthen our commitment to God & be a vital & active force of renewal within our Church.



Come & be part of a community where faith is nurtured, friendships are formed & the Holy Spirit at work.



All are welcome.
We look forward to seeing you there.



For any questions, contact
Joe Cilia - 0418 863 814

UPDATE FROM THE Sacramental Coordinator

The Sacrament of **First Eucharist**
will take place as follows:



Maria Regina Church, Avalon

Saturday 12 September 2026
at 6pm

Sunday 13 September 2026
at 9am



Sacred Heart Church, Mona Vale

Saturday 19 September 2026
at 5pm

Sunday 20 September 2026
at 10am and 12noon



Children in Year 4 and above are eligible to receive this sacrament if they have done their **FIRST RECONCILIATION**.



Enrolments are not open yet. For more information about the requirements of the program and to enrol your child, you **MUST** attend one of the following "Parent Information & Commitment" sessions (children do not need to attend). **BOTH SESSIONS ARE AT 7 PM**

- Wednesday 22 July** (Maria Regina Church)
- Wednesday 29 July** (Sacred Heart Church)



Please contact **SONIA** via email
sacraments@pittwaterparish.org



I AM THE VOICE OF
DEVOTION

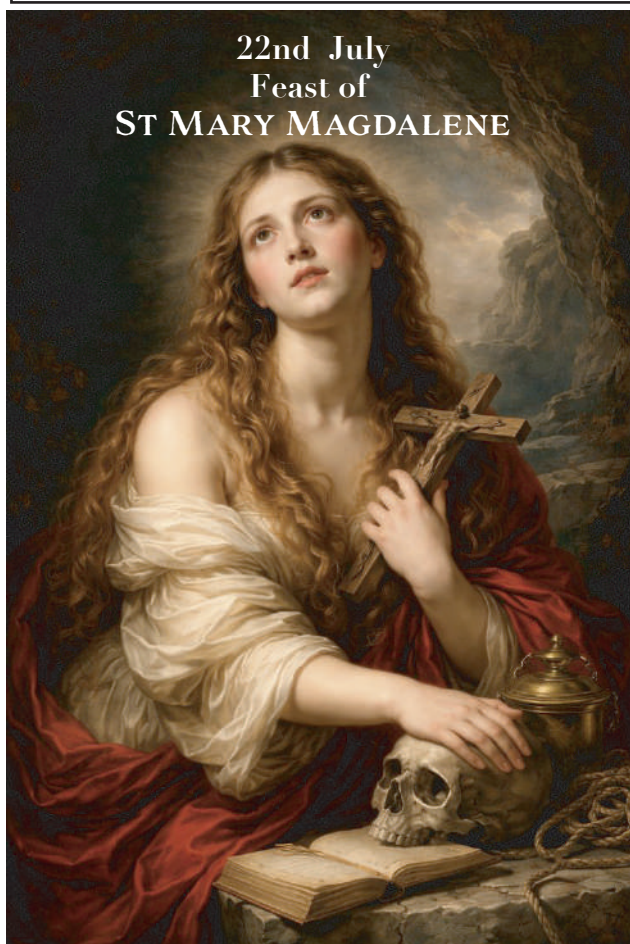


MARY MAGDALENE

I am the voice of Devotion.
I stood by Jesus until the end,
even when others abandoned Him.
Let my unwavering loyalty inspire you to
remain faithful to God, no matter the
circumstances.

The field is the world, and
the good seed stands for the sons of the
kingdom.
The weed are the sons of the evil one,
MATTHEW 13:38

22nd July
Feast of
ST MARY MAGDALENE



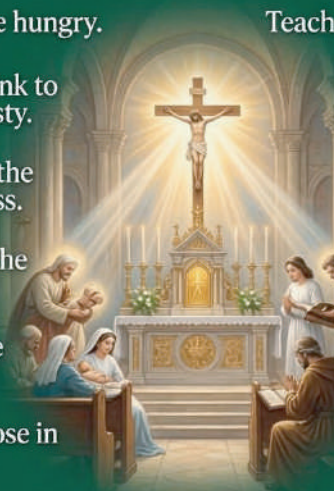
WORKS OF MERCY

CORPORAL WORKS OF MERCY

- Feed the hungry.
- Give drink to the thirsty.
- Shelter the homeless.
- Clothe the naked.
- Visit the sick.
- Visit those in prison.
- Bury the dead.

SPIRITUAL WORKS OF MERCY

- Teach the ignorant.
- Counsel the doubtful.
- Admonish sinners.
- Forgive offenses.
- Comfort the afflicted.
- Bear wrongs patiently.
- Pray for the living and the dead.



Ignatius Catholicum

The *Living* Word

Entrance Antiphon Psalm 53:6,8
See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

First Reading Wisdom 12:13,16-19
A reading from the book of Wisdom
In the place of sin, you give repentance.

There is no god, other than you, who cares for everything, to whom you might have to prove that you never judged unjustly. Your justice has its source in strength, your sovereignty over all makes you lenient to all. You show your strength when your sovereign power is questioned and you expose the insolence of those who know it; but, disposing of such strength, you are mild in judgement, you govern us with great lenience, for you have only to will, and your power is there. By acting thus you have taught a lesson to your people how the virtuous man must be kindly to his fellow men, and you have given your sons the good hope that after sin you will grant repentance.

The word of the Lord

Responsorial Psalm
Ps 85:5-6, 9-10, 15-16, R. v.5
(R.) Lord, you are good and forgiving.

O Lord, you are good and forgiving, full of love to all who call. Give heed, O Lord, to my prayer and attend to the sound of my voice. **(R.)**

All the nations shall come to adore you and glorify your name, O Lord: for you are great and do marvellous deeds, you who alone are God. **(R.)**

But you, God of mercy and compassion, slow to anger, O Lord, abounding in love and truth, turn and take pity on me. **(R.)**

Second Reading Romans 8:26-27
A reading from the letter of St Paul to the Romans
The Spirit himself pleads for us in a way that could never be put into words.

The Spirit comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

The word of the Lord.

Gospel Acclamation Matthew 11:25

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom.
Alleluia!

Gospel Matthew 13:24-43
A reading from the holy Gospel according to Matthew
Let them grow together until the harvest.

Jesus put a parable before the crowds, 'The kingdom of heaven may be compared to a man who sowed good seed in his field. While everybody was asleep his enemy came, sowed darnel all among the wheat, and made off. When the new wheat sprouted and ripened, the darnel appeared as well. The owner's servants went to him and said, "Sir, was it not good seed that you sowed in your field? If so, where does the darnel come from?" "Some enemy has done this" he answered. And the servants said, "Do you want us to go and weed it out?" But he said, "No, because when you weed out the darnel you might pull up the wheat with it. Let them both grow till the harvest; and at harvest time I shall say to the reapers: First collect the darnel and tie it in bundles to be burnt, then gather the wheat into my barn." He put another parable before them, 'The kingdom of heaven is like a mustard seed which a man took and sowed in his field. It is the smallest of all the seeds, but when it has grown it is the biggest shrub of all and becomes a tree so that the birds of the air come and shelter in its branches.' He told them another parable, 'The kingdom of heaven is like the yeast a woman took and mixed in with three measures of flour till it was leavened all through.' In all this Jesus spoke to the crowds in parables; indeed, he would never speak to them except in parables. This was to fulfill the prophecy: I will speak to you in parables and expound things hidden since the foundation of the world. Then, leaving the crowds, he went to the house; and his disciples came to him and said, 'Explain the parable about the darnel in the field to us.' He said in reply, 'The sower of the good seed is the Son of Man. The field is the world; the good seed is the subjects of the kingdom; the darnel, the subjects of the evil one; the enemy who sowed them, the devil; the harvest is the end of the world; the reapers are the angels. Well then, just as the darnel is gathered up and burnt in the fire, so it will be at the end of time. The Son of Man will send his angels and they will gather out of his kingdom all things that provoke offences and all who do evil, and throw them into the blazing furnace, where there will be weeping and grinding of teeth. Then the virtuous will shine like the sun in the kingdom of their Father. Listen, anyone who has ears!'

The Gospel of the Lord.

Communion Antiphon Psalm 110:4-5
The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

REFLECTION
by Dianne Bergant

Today we hear how the Spirit of God dwells in all of us, helping us in our weakness. The first disciples had Jesus to explain the parables; we have the Spirit to enlighten us. It is the Spirit who helps us to interpret the teaching of Jesus and to be receptive to the challenges that they pose.

The presence of sinners in the kingdom of God is often a stumbling block to good people. There will be a time for separation and judgment, but the time is not now. This means that the righteous will have to live with the sinner and, even more challengingly, show them the same kind of concern that they show to others. The presence of sinners does not necessarily erode the quality of the kingdom. Rather, it provides disciples an opportunity to rise to the occasion of generosity and forgiveness.

There are two images of judgment in the readings. The one in the gospel is terrifying and decisive. The wicked are bound together into bundles and readied for burning. We must remember that this is a parable. In the first reading and in the psalm response the justice of God is said to be lenient, clement and kind. The power of God is demonstrated not in retribution but in mercy. God is said to be 'merciful and gracious, slow to anger and abounding in kindness and fidelity', and repentance is a very real possibility. This is the image that gives us hope.

© Dianne Bergant CSA

BLESSED FRANCIS JORDAN PRAYER GROUP



Come and spend time in prayer, reflection and devotion to our Blessed Mother and Blessed Francis Mary of the Cross Jordan as we gather together to deepen our faith and seek their loving intercession.

We warmly invite everyone to join us weekly.

AFTER THE 9:30 AM MASS,
ON WEDNESDAYS

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